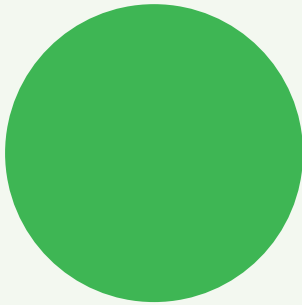
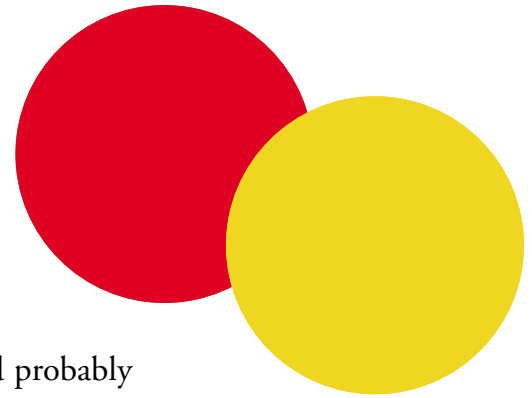
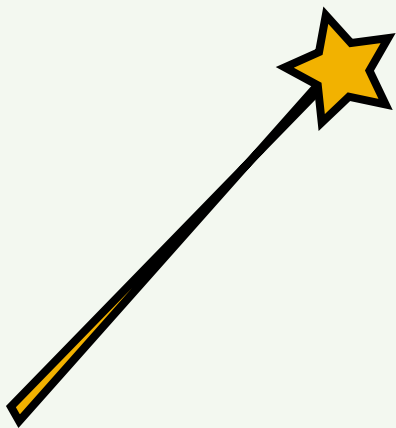


Clues for Deciding When to Go to School



You can probably **go to school** if you have any of these symptoms:

- Stuffy nose, but no wheezing
- A little wheezing that goes away after taking medicine
- Able to do usual daily activities
- No extra effort needed to breathe
- Peak flow number in the Green Zone



You should probably **stay home** if you have any of these symptoms:

- Infection, sore throat, or swollen, painful neck glands
- Fever over 100°F; face hot and flushed
- Wheezing or coughing that still bothers you an hour after taking your medicine
- Weakness or tiredness that makes it hard to take part in usual daily activities
- Breathing with difficulty or breathing very fast
- Peak flow number below 65-70 percent of your personal best number (Yellow Zone or Red Zone) and no response to treatment